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WHAT IS CLAIMED IS:

- 1. An apparatus for controlling an optical pickup, comprising adjusters which are adapted to upwardly and 5 downwardly move the each end of the main and sub shafts supported thereto to separately control heights of the ends from a deck base, an optical pickup being mounted at its opposite ends on the main and sub shafts, whereby the parallelism and a certain distance between the optical pickup and an optical disc can be maintained by controlling tilts and heights of the main and sub shafts.
 - 2. The apparatus as set forth in claim 1, in which each of the adjusters comprises:
 - a casing fixed to a deck base next to four corners of an opening formed at the deck base, and having an inner space open downwardly and a gate opening at its side, the inner space and the gate opening receiving an end of the main shaft or the sub shaft;
- 20 a spring disposed between the casing and the end of the main shaft or the sub shaft to bias the end downward;
 - a base plate attached to a lower surface of the casing to prevent the main shaft or the sub shaft from being separated; and
- 25 an adjustable screw tightened to the base plate to move

the end of the main and sub shafts upward.

- 3. An optical writing and reading apparatus, comprising:
- a deck base having an opening;
- a turntable mounted on the deck base and adapted to be rotated by a spindle motor;
 - a main shaft and a sub shaft disposed to both sides of the opening and being parallel to each other;

adjusters attached to the deck base to support the each end of the main and sub shafts and to move the ends upwardly and downwardly; and

an optical pickup mounted at its opposite ends on the main and sub shaft and capable of moving along the main and sub shafts.

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- 4. The optical writing and reading apparatus as set forth in claim 3, in which each of the adjusters comprises:
- a casing fixed to a deck base next to four corners of an opening formed at the deck base, and having an inner space open downwardly and a gate opening at its side, the inner space and the gate opening receiving an end of the main shaft or the sub shaft:
 - a spring disposed between the casing and the end of the main shaft or the sub shaft to bias the end downward;
- 25 a base plate attached to a lower surface of the casing to

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prevent the main shaft or the sub shaft from being separated; and

an adjustable screw tightened to the base plate to move the end of the main and sub shafts upward.